

PHILADELPHIA IMPOTENCE FOUNDATION
Confidential Sexual Function Questionnaire 04/12

Date _____ Name _____

If you are seeing us concerning any type of sexual problem, please complete this questionnaire; your answers will help us during your evaluation and treatment.

Section I

1. Marital Status:

___ Single ___ Married ___ Widowed ___ Divorced

a. If you are married:

- How many years have you been married? _____
- How would you describe the quality of your marriage?
___ Good ___ Fair ___ Poor
- How is the quality of your sexual relationship?
___ Good ___ Fair ___ Poor
- Does your wife contribute to your sexual problem?
___ Yes ___ No

If yes, please describe briefly:

- Does your wife want you to have your sexual problem treated?
___ Yes ___ No ___ Doesn't care

b. If you are not married, do you have a regular or steady sexual partner?

___ Yes ___ No

2. Sexual Orientation:

___ Straight (Heterosexual) ___ Gay (Homosexual) ___ Bisexual

3. Psychological Aspects:

a. Have you ever seen a psychologist or psychiatrist?

___ Yes ___ No

- If yes, briefly describe the reasons: _____

b. Do you have any important personal problems that may be interfering with your sexual performance?

___ Yes ___ No

- If yes, please describe briefly:

c. Would you describe yourself as being an anxious or depressed person?

___ Yes ___ No

4. Describe as accurately as you can your sexual problem and how it is currently affecting your life: _____

5. **Erections (Hard-ons): WITHOUT ANY TREATMENT SUCH AS VIAGRA:**

- a. When was the last time you had a **normal, stiff** erection which was satisfactory for sexual intercourse? _____
- b. On a scale of 0 to 100, how would you rate the quality of your erections? _____
- c. Are (or were) your erections straight or curved? ___ Straight ___ Curved
 - If curved, please draw a picture:
- d. Are your morning or nighttime erections: ___ Stiff ___ Weak
- e. When was the last time you had sexual intercourse (penetration): _____
- f. Does the stiffness or duration of your erections vary at times?
___ Yes ___ No
- g. Does the stiffness or duration of your erections vary with different partners?
___ Yes ___ No
- h. Can you get a stiff erection during masturbation? ___ Yes ___ No
- i. Is your penis: ___ Too big ___ Too small ___ Correct size

6. **Desire (libido):**

- a. Do you think that your level of interest in sexual activity is:
___ About right for my age ___ Less than it should be
___ More than it should be
- b. Does your current sexual problem cause you to avoid having sexual relations even though you would like to? ___ Yes ___ No
- c. Does your wife or primary sexual partner provide you with the amount and quality of sexual stimulation you would like? ___ Yes ___ No
- d. Your partner's level of interest in sex is:
___ Low ___ About right ___ Excessive
- e. Which of the following best describes your partner's attitude towards your sexual problem?
___ Doesn't care ___ Disappointed ___ Accepting
- f. Has your sexual problem interfered with your marriage or current relationship?
___ Yes ___ No

7. **Climax or orgasm:**

- a. Are you currently able to reach a climax (orgasm)? ___ Yes ___ No
 - During intercourse? ___ Yes ___ No
 - During masturbation? ___ Yes ___ No
- b. Does semen (fluid) come out of your penis when you have an orgasm?
___ Yes ___ No ___ Very little
- c. Do you ever have premature ejaculation? ___ Yes ___ No
___ Usually ___ Occasionally ___ Rarely
- d. Does reaching a climax (orgasm) ever take a long time?
___ Rarely or never ___ Occasionally ___ Frequently
- e. Is your climax (orgasm) ever painful? ___ Yes ___ No
- f. The sensation (feeling) in my penis is:
___ Excellent ___ Good ___ Fair ___ Poor

8. Other comments you may have: _____

Section II: International Index of Erectile Function

WITHOUT ANY TREATMENT SUCH AS VIAGRA, CIALIS, ETC.:

1. Over the past 4 weeks, how often were you able to get an erection during sexual activity? _____

- 0 = No sexual activity
 - 1 = Almost never/never
 - 2 = A few times (much less than half the time)
 - 3 = Sometimes (about half the time)
 - 4 = Most times (much more than half the time)
 - 5 = Almost always/always
-

2. Over the past 4 weeks, when you had erections with sexual stimulation, how often were your erections hard enough for penetration? _____

- 0 = No sexual activity
 - 1 = Almost never/never
 - 2 = A few times (much less than half the time)
 - 3 = Sometimes (about half the time)
 - 4 = Most times (much more than half the time)
 - 5 = Almost always/always
-

3. Over the past 4 weeks, when you attempted sexual intercourse, how often were you able to penetrate (enter) your partner? _____

- 0 = Did not attempt intercourse
 - 1 = Almost never/never
 - 2 = A few times (much less than half the time)
 - 3 = Sometimes (about half the time)
 - 4 = Most times (much more than half the time)
 - 5 = Almost always/always
-

4. Over the past 4 weeks, during sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner? _____

- 0 = Did not attempt intercourse
 - 1 = Almost never/never
 - 2 = A few times (much less than half the time)
 - 3 = Sometimes (about half the time)
 - 4 = Most times (much more than half the time)
 - 5 = Almost always/always
-

5. Over the past 4 weeks, during sexual intercourse, how difficult was it to maintain your erection to completion of intercourse? _____

- 0 = Did not attempt intercourse
- 1 = Extremely difficult
- 2 = Very difficult
- 3 = Difficult
- 4 = Slightly difficult
- 5 = Not difficult

6. Over the past 4 weeks, how many times have you attempted sexual intercourse? _____

- 0 = No attempts
- 1 = One to two attempts
- 2 = Three to four attempts
- 3 = Five to six attempts
- 4 = Seven to ten attempts
- 5 = Eleven+ attempts

7. Over the past 4 weeks, when you attempted sexual intercourse, how often was it satisfactory for you? _____

- 0 = Did not attempt intercourse
- 1 = Almost never/never
- 2 = A few times (much less than half the time)
- 3 = Sometimes (about half the time)
- 4 = Most times (much more than half the time)
- 5 = Almost always/always

8. Over the past 4 weeks, how much have you enjoyed sexual intercourse? _____

- 0 = No intercourse
- 1 = No enjoyment
- 2 = Not very enjoyable
- 3 = Fairly enjoyable
- 4 = Highly enjoyable
- 5 = Very highly enjoyable

9. Over the past 4 weeks, when you had sexual stimulation or intercourse, how often did you ejaculate? _____

- 0 = No sexual stimulation/intercourse
 - 1 = Almost never/never
 - 2 = A few times (much less than half the time)
 - 3 = Sometimes (about half the time)
 - 4 = Most times (much more than half the time)
 - 5 = Almost always/always
-

10. Over the past 4 weeks, when you had sexual stimulation or intercourse, how often did you have the feeling of orgasm or climax? ____

- 0 = No sexual stimulation/intercourse
- 1 = Almost never/never
- 2 = A few times (much less than half the time)
- 3 = Sometimes (about half the time)
- 4 = Most times (much more than half the time)
- 5 = Almost always/always

11. Over the past 4 weeks, how often have you felt sexual desire? ____

- 1 = Almost never/never
- 2 = A few times (much less than half the time)
- 3 = Sometimes (about half the time)
- 4 = Most times (much more than half the time)
- 5 = Almost always/always

12. Over the past 4 weeks, how would you rate your level of sexual desire? ____

- 1 = Very low/none at all
- 2 = Low
- 3 = Moderate
- 4 = High
- 5 = Very high

13. Over the past 4 weeks, how satisfied have you been with your overall sex life? ____

- 1 = Very dissatisfied
- 2 = Moderately dissatisfied
- 3 = About equally satisfied and dissatisfied
- 4 = Moderately satisfied
- 5 = Very satisfied

14. Over the past 4 weeks, how satisfied have you been with your sexual relationship with your partner? ____

- 1 = Very dissatisfied
- 2 = Moderately dissatisfied
- 3 = About equally satisfied and dissatisfied
- 4 = Moderately satisfied
- 5 = Very satisfied

15. Over the past 4 weeks, how do you rate your confidence that you could get and keep an erection? ____

- 1 = Very low
- 2 = Low
- 3 = Moderate
- 4 = High
- 5 = Very high

Erection Hardness Score: How would you rate the hardness of your erection?

- 0 Penis does not enlarge
- 1 Penis is larger but not hard
- 2 Penis is hard but not hard enough for penetration
- 3 Penis is hard enough for penetration but not completely hard
- 4 Penis is completely hard and fully rigid